

## *ISA Swimming Regionals*

*On Wednesday 1st of November, 4 swimmers from years 4, 5 and 6, went to the ACS Cobham International school to compete in the ISA event. After about an hour long drive on a minibus, we arrived!*

*We prepared to swim our strokes with a warm up.*

### *Year 4*

*Vivienne - Backstroke, Ayla - Freestyle,  
Clara - Breaststroke, Poppy - Freestyle  
Relay*

### *Year 5*

*Brooke - Butterfly, Vittoria - Breaststroke,  
Anna - Backstroke, Sarah - Freestyle*

### *Year 6*

*Grace - Butterfly, Jezebel-Grace -  
Breaststroke, Stella - Backstroke, Sasha -  
Freestyle*

*We all did really well in our races, and they were harder because they were 50m, and we had wins from Vittoria, Brooke and Jezebel-Grace. After our individual races, we moved on to freestyle relays (also 50m.) Year 4 got 2nd, but had an unfortunate disqualification, Year 5 won theirs and came first overall, and Year 6 won their heat and got 4th overall.*

*We all did really well, and really enjoyed the day.*